

IOA President's Theme 2012: "Knowledge is power, skill is our strength"



2012  
UDAIPUR

**NAILS CON 2012**  
— 21-23 Sept. 2012 —

Theme

"Peri-articular fractures and  
nailing in difficult situations"

12TH ANNUAL CONFERENCE  
OF NATIONAL ASSOCIATION  
OF INTER LOCKING SURGEONS

Venue:

Hotel Inder Residency  
Goverdhan Vilas, Udaipur (Rajasthan)



# Executive Committee NAILS - 2012

Dr. Sunil Kulkarni, Miraj  
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## Message from President, NAILS

Greetings friends! from NAILS.

First of all, I must thank you all for electing me as President of NAILS. I have been in the core team, which formed the NAILS.

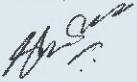
Its is always a pleasure to meet you all at NAILSCONS. The NAILS is growing because of the enthusiasm of all friends. We always take care to have a good conference so that participating orthopedic surgeon gets his full money back. With the help of learned faculty and invitees, the Nailscon has become the conference of the year. Do become the member of the NAILS.

It is 11 yrs since this association was formed. I promise you that as President of this association, I will do my best to bring it to international standards. In future NAILS can associate with international forums like OTS and others. We need your co-operation in this regard.

The NAILSCON-2012, Udaipur (Rajasthan) organising team headed by Dr. Vinay Joshi are trying very hard to make this mega event a memorable one. They have plans to invite distinguished faculty and hold many more events. You are requested to register in advance, as this is a residential conference. Bring your family members as Udaipur is a fantastic city with lots to see.

I hope you enjoy NAILSCON at Udaipur along with your family.

Thanks,



Dr. Sunil Kulkarni  
President-NAILS



## Message from Secretary, NAILS

Dear friends,

Greetings! from the NAILS secretary's desk. NAILSCON has grown leaps and bounds in the last 11 years. Udaipur is a great location and the venue is wonderful to host the next annual event. This time, the focus is on "Periarticular Fractures and Nailing in Difficult Situations." Newer methods, techniques, extended indication and designs have developed renewed and continued interest in nailings around the world.

It is indeed my great pleasure and honour to invite you one and all to Udaipur NAILSCON in 2012 for a great academic feast in this lovely city of lakes.



Dr. Velasamy Raveendran  
Secretary-NAILS



## Message from the Organising Secretary, NAILSCON 2012

Dear friends,

*"Wish you a very happy and a prosperous New Year."*

It gives pleasure to invite you to the **12th NAILSCON from 21st to 23rd September 2012 at Udaipur (Rajasthan).**

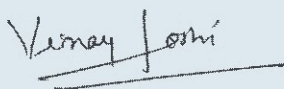
Udaipur, also known as the City of lakes and Palaces, the Venice of the East is famous for being the educational and cultural hub of Rajasthan. Udaipur is one of the most exotic tourist places in the world. It can boast about its beauty, majestic palaces, serene lakes, traditional graces and exquisite cuisines. A wide variety of tours are available to explore the delightful neighbouring sites. In addition, Udaipur has excellent connectivity by road, rail and air to other parts of the country.

In September, the rains are over, the weather is pleasant, all the lakes are full: just the right time to have a great academic extravaganza. The venue is **"Hotel Inder Residency"**.

Many well-known and senior faculties will share their experiences during the scientific deliberations. Our faculty will leave no stone unturned to enlighten delegates on the finer nuances on nails. We plan an excellent residential package and strongly advise you to avail the same. The organizing committee is honoured to give you the first call to mark these days in your diary. Details about the theme of the conference, technical sessions, workshop and program schedule will be sent shortly. We look forward to a scientifically excellent and socially admirable event.

Looking forward to your gracious presence with family.

With warm regards,



**Dr. Vinay Joshi**

Organizing Secretary, NAILSCON-2012

*Conference Secretariat  
NAILSCON 2012:*

**Dr. Vinay Joshi**

14, Ahimsapuri, Fatehpura, Udaipur - 313 001 (Raj.) INDIA  
Mobile : +91-98290 42282, E-mail : [nailscon2012@gmail.com](mailto:nailscon2012@gmail.com)



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President

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**Dr. C. K. Ameta**  
Org. Chairman

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**Dr. Anurag Talesra**  
Treasurer

M:+91 96802 21159



# ORGANIZING COMMITTEE NAILSCON - 2012

## PATRONS

Dr. S. K. Kaushik • Dr. A. S. Chundawat • Dr. R. N. Laddha

President: Dr. Ratan Sharma

Org. Chairman: Dr. C. K. Ameta

Organising Secretary : Dr. Vinay Joshi

## Treasurer

Dr. Anurag Talesra

## Joint Secretaries

Dr. J. P. Sharma • Dr. Anamendra Sharma • Dr. Anil Gupta • Dr. Vinod Porwal

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Dr. A. K. Ojha  
Dr. Rajendra Sharma  
Dr. Harpreet Singh

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Dr. Kapil Shrimal  
Dr. Pankaj Jain  
Dr. Mithlesh Meena

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Dr. A.K. Mehra  
Dr. Harsh Jain  
Dr. Gajanand Yadav

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Shakuntla Sharma  
Mona Kumar  
Dr. Hemelata Ameta

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Dr. R. Saini  
Sushma Joshi  
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Dr. Manish Agrawal

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Dr. Vishal Saxena  
Dr. Rahul Singh  
Dr. Nira Talesra

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Dr. R. K. Mishra  
Dr. Pankaj Chopra

### Food

Dr. O. P. Mahendra  
Dr. Lalit Dadhich  
Dr. Mukesh Jain  
Dr. Purushottam Meena

## Pre-Conference Workshop

Dr. Ajay    Dr. Waman    Dr. Rakesh Verma

## ADVISORS

Dr. Ajit Sehgal  
Dr. R. C. Meena  
Dr. Sanjay Jain  
Dr. B. M. Saharan  
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Dr. S. K. Agarwal  
Dr. S. B. Sharma  
Dr. S. K. Bhaskar

# Pre Conference Workshop

(Tentative)

PFN

Expert Nail Tibia

Ten

Sirus Nail

AV-PFN-A

## MEDAL PAPERS

Abstracts (consisting of 300 words) and full papers are invited for medal paper. Six papers will be selected for each medal paper and will be allowed for presentation.

Time for Presentation is 7 minutes and Discussion is 3 minutes.  
Last date for submission – 30th April 2012.

Abstracts may be sent to the Organising Secretary at [nailscon2012@gmail.com](mailto:nailscon2012@gmail.com). Postgraduates should submit bonafide certificate from the Head of the Department.

## FREE PAPERS/POSTERS

Free Papers/Posters are invited from delegates for presentation.

Abstracts consisting of 250 words and full papers may be kindly sent on or before 30th April 2012 to the Organising Secretary at [nailscon2012@gmail.com](mailto:nailscon2012@gmail.com). Time for each presentation is 6 minutes.

Please Note: The Abstracts should be submitted in hard copy in A4 size on a white paper printed in Arial 12 Point font size. Please send a soft copy to email address [nailscon2012@gmail.com](mailto:nailscon2012@gmail.com).

# CONFERENCE HIGHLIGHTS

Symposium on poly trauma

Nailing in Poly trauma

Nailing in compound injuries

Composite fixation +BG +/-flaps

Metallurgy

Metals used for Nails

Manufacturing

Design rationale of various nails

Proximal Humerus

Nailing Vs Plating (Evidence based)

Humerus Nailing:

Retrograde

Antegrade

Plating Vs Nailing (Evidence Based)

FEMUR

Trochanteric #

PFN

DHS

Arthroplasty

Evidence based treatment

Femur Nailing

Positioning

Antegrade Nailing

Retrograde Nailing – is it used still?

Delayed union and non union After nailing

Entry point issues

TIBIA

Upper Tibia

Nailing Techniques

Plate Vs Nail (Evidence Based)

Shaft of Tibia

Nailing Vs Plating (Evidence Based)

Distal Tibia

Nailing Techniques

Nailing Vs Plating (Evidence Based)

Avoiding complication or tips and tricks

in Nailing of femur (antegrade) –

Trochanteric or piriform fossa entry point

Nailing of Tibia

Nailing of Humerus

Lengthening over Nail

Bone transport over Nail

Fixator assisted deformity correction with nails

OSTEOPOROTIC FRACTURES

General outline

Medical Management

# Treatment options

Nailing in osteoporotic bones -

Trochanteric, shafts of femur & Tibia

Locking plates

Nails Vs Plates

Complications of Nailing

Nailing in pathological conditions

Case Discussions

Nailing in Paediatric fractures

Nailing in small Bones / forearm

Peri-articular fracture fixation



# ABOUT UDAIPUR & CONNECTIVITY

Udaipur is the historic capital of the former kingdom of Mewar. It is a lovely city developed around the azure lakes, lush green hills that set fire and passion in poet. Its palaces, lakes, forts, temples, gardens, mountains and narrow lanes lined with stalls, relives the era of a heroic past, valor and chivalry. It has always been a lovely place for film shoots, royal events and even corporate parties.

Udaipur is situated in the southern part of Rajasthan. It is well connected by rail, road and air to major cities of the country.

## REGISTRATION

Category	TILL 30 APRIL 2012	TILL 30 JUNE 2012	SPOT
Member (NAILS/ROSA)	4500	5500	6000
Non Member	5000	5500	6000
PG Student	3000	3500	4000
Spouse	3500	4500	5000
Children (5to12)	1000	1000	1000
Banquet	Free	1500	1500
Incidental Charges	200	200	200

The registration charges will cover registration & entry to the conference venue, stalls, 3 Lunches, 1 Dinner and 1 Banquet. (For Delegates registered till 30th April 2012)  
Demand Draft be drawn in favour of NAILSCON 2012 payable at **Udaipur**.

### Cancellation Policy:

Cancellation of registration before 15th July 2012 is entitled for 50% refund, beyond which no refund is admissible.

### Important Phone Numbers:

Dr. Vinay Joshi	:	+91 98290 42282
Dr. Anurag Talesra	:	+91 96802 21159
Dr. C. K. Ameta	:	+91 94141 57382
Dr. Ratan Sharma	:	+91 98290 42322

Official Travel Agent:

**Super Travel**

**Mr. Parvez Jaaffrey**

3, Sardarpura, St. Paul's School Road, Udaipur  
Phone & Fax: 0294-2410222, Mobile: +91-94141-69191  
E-mail: flysupertravel@hotmail.com

# VENUE & ACCOMMODATION

Hotel Inder Residency, Goverdhan Vilas, Ekling Nagar, Shikarbadi Road, Udaipur 313002  
Phone: +91-294-2488733



## Package (a) : 3 Nights and 4 days

Accommodation : 20th Noon to 23rd Noon September 2012 OR 21st Noon to 24th Noon  
₹ 10,000.00 per person on Twin Sharing basis

## Package (b) : 2 Nights and 3 days

Accommodation : 21st Noon to 23rd Noon September 2012  
₹ 7,500.00 per person on Twin Sharing basis

Package includes accommodation, swimming pool, gymnasium and kids play area.

This package does not include laundry charges, telephone charges, any room service, liquor/minibar charges, internet charges, any other charges apart from the package.



Courtesy by

**MACLEODS**

**Bio-D<sub>3</sub> Max**  
(Calcitriol + CaCO<sub>3</sub> + Methylcobalamin + EPA + DHA + Folic Acid + Boron)

**Bio-D<sub>3</sub> Plus**  
(Calcitriol 0.25mg + Calcium carbonate 500 mg Softgel Capsules)

**Enzomac**  
Trypsin 48 mg + Bromelain 90 mg + Rutinoid 100 mg Tablet\*

**Flexabenz**   
Cyclobenzaprine 15 mg Extended Release Capsule

**Cal Spray**  
(Calcitriol (Salmon) Nasal Spray)